

EXHIBIT A

CALIFORNIA DEPARTMENT OF CORRECTIONS

Wk 1-7 Menu Ave. Veg Men

June 12, 2008

Total Weight: 16979.89 g (598.94 oz-wt.)
 Serving Size: 2425.70 g (85.56 oz-wt.)
 Serves: 7.00
 Cost: 2.6268

				Foodlist
				ESHA
Amount for	Food Item	Amount for	Cost	Code
7 servings		1 serving		
1 each	Wk 1 Menu Ave. VEG Men	0.14286 each	2.5425	
1 each	Wk 2 Menu Ave. Veg Men	0.14286 each	2.6403	
1 each	Wk 3 Menu Ave. Veg Men	0.14286 each	2.6286	
1 each	Wk 4 Menu Ave. Veg Men	0.14286 each	2.6476	
1 each	Wk 5 Menu Ave. Veg Men	0.14286 each	2.6296	
1 each	Wk 6 Menu Ave. Veg Men	0.14286 each	2.7788	
1 each	Wk 7 Menu Ave. Veg Men	0.14286 each	2.5200	

Nutrients per Serving

Calories	2898.63	Fat - Total	102.29 g
Protein	98.46 g	Saturated Fat	26.90 g
Carbohydrates	414.37 g	Vitamin A RE	1402.35 mcg
Dietary Fiber	42.78 g	Vitamin C	210.44 mg
Cholesterol	345.55 mg	Sodium	4013.60 mg
% Calories from fat	31 %	% Calories from carbs	56 %

% comparison to: US Male (31-50 years)

Bar Graph

Nutrient	Value	Goal %	0	25	50	75	100
Basic Components							
Calories	2898.63	113%					
Protein	98.46 g	176%					
Carbohydrates	414.37 g	118%					
Dietary Fiber	42.78 g	120%					
Sugar - Total	115.31 g						
Fat - Total	102.29 g	129%					
Saturated Fat	26.90 g	105%					
Cholesterol	345.55 mg	115%					
Vitamins							
Vitamin A IU	10438.02 IU	232%					
Thiamin-B1	2.31 mg	192%					
Riboflavin-B2	2.78 mg	214%					
Niacin-B3	25.98 mg	162%					
Vitamin-B6	2.24 mg	172%					
Vitamin-B12	3.84 mcg	160%					
Vitamin C	210.44 mg	234%					
Vitamin D IU	218.76 IU	109%					
Vit E Alpha-Tocopherol	6.39 mg	43%					
Folate	691.33 mcg	173%					
Minerals							
Calcium	1380.27 mg	138%					
Iron	22.44 mg	280%					
Magnesium	485.89 mg	116%					
Sodium	4013.60 mg	268%					
Zinc	12.61 mg	115%					

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Nutrients per Serving

Calories	2898.63	Fat - Total	102.29 g
Protein	98.46 g	Saturated Fat	26.90 g
Carbohydrates	414.37 g	Vitamin A RE	1402.35 mcg
Dietary Fiber	42.78 g	Vitamin C	210.44 mg
Cholesterol	345.55 mg	Sodium	4013.60 mg
% Calories from fat	31 %	% Calories from carbs	56 %

% comparison to: US Male (51-70 years)**Bar Graph**

Nutrient	Value	Goal %	0	25	50	75	100
Basic Components							
Calories	2898.63	123%					▶
Protein	98.46 g	176%					▶▶
Carbohydrates	414.37 g	127%					▶▶
Dietary Fiber	42.78 g	129%					▶▶
Sugar - Total	115.31 g						
Fat - Total	102.29 g	139%					▶▶
Saturated Fat	26.90 g	114%					▶▶
Cholesterol	345.55 mg	115%					▶▶
Vitamins							
Vitamin A IU	10438.02 IU	232%					▶▶
Thiamin-B1	2.31 mg	192%					▶▶▶
Riboflavin-B2	2.78 mg	214%					▶▶▶
Niacin-B3	25.98 mg	162%					▶▶▶▶
Vitamin-B6	2.24 mg	132%					▶▶▶▶
Vitamin-B12	3.84 mcg	160%					▶▶▶▶
Vitamin C	210.44 mg	234%					▶▶▶▶
Vitamin D IU	218.76 IU	55%					
Vit E Alpha-Tocopherol	6.39 mg	43%					
Folate	691.33 mcg	173%					▶▶
Minerals							
Calcium	1380.27 mg	115%					▶▶▶
Iron	22.44 mg	280%					▶▶▶▶
Magnesium	485.89 mg	116%					▶▶▶▶
Sodium	4013.60 mg	309%					▶▶▶▶
Zinc	12.61 mg	115%					▶▶▶

CALIFORNIA DEPARTMENT OF CORRECTIONS

Wk 1-7 Menu Ave. MEN

June 10, 2008

Total Weight: 16933.02 g (597.28 oz-wt.)
 Serving Size: 2419.00 g (85.33 oz-wt.)
 Serves: 7.00
 Cost: 2.8066

				Foodlist
Amount for	Food Item	Amount for	Cost	ESHA
7 servings		1 serving		Code
1 each	Wk 1 Menu Ave. MEN	0.14286 each	2.7129	
1 each	Wk 2 Menu Ave. MEN	0.14286 each	2.9545	
1 each	Wk 3 Menu Ave. MEN	0.14286 each	2.8256	
1 each	Wk 4 Menu Ave. MEN	0.14286 each	2.8140	
1 each	Wk 5 Menu Ave. MEN	0.14286 each	2.8937	
1 each	Wk 6 Menu Ave. MEN	0.14286 each	2.6311	
1 each	Wk 7 Menu Ave. MEN	0.14286 each	2.8147	

Nutrients per Serving

Calories	2837.85	Fat - Total	98.96 g
Protein	105.57 g	Saturated Fat	23.96 g
Carbohydrates	394.31 g	Vitamin A RE	1326.65 mcg
Dietary Fiber	34.66 g	Vitamin C	210.82 mg
Cholesterol	340.13 mg	Sodium	3923.99 mg
% Calories from fat	31 %	% Calories from carbs	55 %

% comparison to: US Male (31-50 years)

Bar Graph

Nutrient	Value	Goal %	0	25	50	75	100	
Basic Components								
Calories	2837.85	111%						▶
Protein	105.57 g	189%						▶▶
Carbohydrates	394.31 g	112%						▶▶
Dietary Fiber	34.66 g	97%						▶▶▶
Sugar - Total	113.12 g							▶▶▶▶
Fat - Total	98.96 g	124%						▶▶▶▶▶
Saturated Fat	23.96 g	94%						▶▶▶▶▶▶
Cholesterol	340.13 mg	113%						▶▶▶▶▶▶▶
Vitamins								
Vitamin A IU	10077.10 IU	224%						▶▶▶▶▶▶▶▶
Thiamin-B1	2.23 mg	186%						▶▶▶▶▶▶▶▶▶
Riboflavin-B2	2.68 mg	206%						▶▶▶▶▶▶▶▶▶▶
Niacin-B3	27.82 mg	174%						▶▶▶▶▶▶▶▶▶▶▶
Vitamin-B6	2.36 mg	182%						▶▶▶▶▶▶▶▶▶▶▶
Vitamin-B12	4.80 mcg	200%						▶▶▶▶▶▶▶▶▶▶▶▶
Vitamin C	210.82 mg	234%						▶▶▶▶▶▶▶▶▶▶▶▶▶
Vitamin D IU	248.62 IU	124%						▶▶▶▶▶▶▶▶▶▶▶▶▶▶
Vit E Alpha-Tocopherol	7.22 mg	48%						▶▶▶▶▶▶▶▶▶▶▶▶▶▶▶
Folate	616.08 mcg	154%						▶▶▶▶▶▶▶▶▶▶▶▶▶▶▶▶
Minerals								
Calcium	1178.30 mg	118%						▶▶▶▶▶▶▶▶▶▶▶▶▶▶▶▶▶
Iron	22.33 mg	279%						▶▶▶▶▶▶▶▶▶▶▶▶▶▶▶▶▶▶▶
Magnesium	430.18 mg	102%						▶▶▶▶▶▶▶▶▶▶▶▶▶▶▶▶▶▶▶▶
Sodium	3923.99 mg	262%						▶▶▶▶▶▶▶▶▶▶▶▶▶▶▶▶▶▶▶▶▶▶
Zinc	14.36 mg	131%						▶▶▶▶▶▶▶▶▶▶▶▶▶▶▶▶▶▶▶▶▶▶▶

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June 12, 2008

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 Serves: 7.00
 Cost: 2.8066

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7 servings		1 serving	Code
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1 each	Wk 2 Menu Ave. MEN	0.14286 each	2.9545
1 each	Wk 3 Menu Ave. MEN	0.14286 each	2.8256
1 each	Wk 4 Menu Ave. MEN	0.14286 each	2.8140
1 each	Wk 5 Menu Ave. MEN	0.14286 each	2.8937
1 each	Wk 6 Menu Ave. MEN	0.14286 each	2.6311
1 each	Wk 7 Menu Ave. MEN	0.14286 each	2.8147

Nutrients per Serving

Calories	2837.85	Fat - Total	98.96 g
Protein	105.57 g	Saturated Fat	23.96 g
Carbohydrates	394.31 g	Vitamin A RE	1326.65 mcg
Dietary Fiber	34.66 g	Vitamin C	210.82 mg
Cholesterol	340.13 mg	Sodium	3923.99 mg
% Calories from fat	31 %	% Calories from carbs	55 %

% comparison to: US Male (51-70 years)

Bar Graph

Nutrient	Value	Goal %	0	25	50	75	100
Basic Components							
Calories	2837.85	120%					
Protein	105.57 g	189%					
Carbohydrates	394.31 g	121%					
Dietary Fiber	34.66 g	105%					
Sugar - Total	113.12 g						
Fat - Total	98.96 g	134%					
Saturated Fat	23.96 g	101%					
Cholesterol	340.13 mg	113%					
Vitamins							
Vitamin A IU	10077.10 IU	224%					
Thiamin-B1	2.23 mg	186%					
Riboflavin-B2	2.68 mg	206%					
Niacin-B3	27.82 mg	174%					
Vitamin-B6	2.36 mg	139%					
Vitamin-B12	4.80 mcg	200%					
Vitamin C	210.82 mg	234%					
Vitamin D IU	248.62 IU	62%					
Vit E Alpha-Tocopherol	7.22 mg	48%					
Folate	616.08 mcg	154%					
Minerals							
Calcium	1178.30 mg	98%					
Iron	22.33 mg	279%					
Magnesium	430.18 mg	102%					
Sodium	3923.99 mg	302%					
Zinc	14.36 mg	131%					

CALIFORNIA DEPARTMENT OF CORRECTIONS

CDCR Wk 1-3 Kosher Shelf Stable

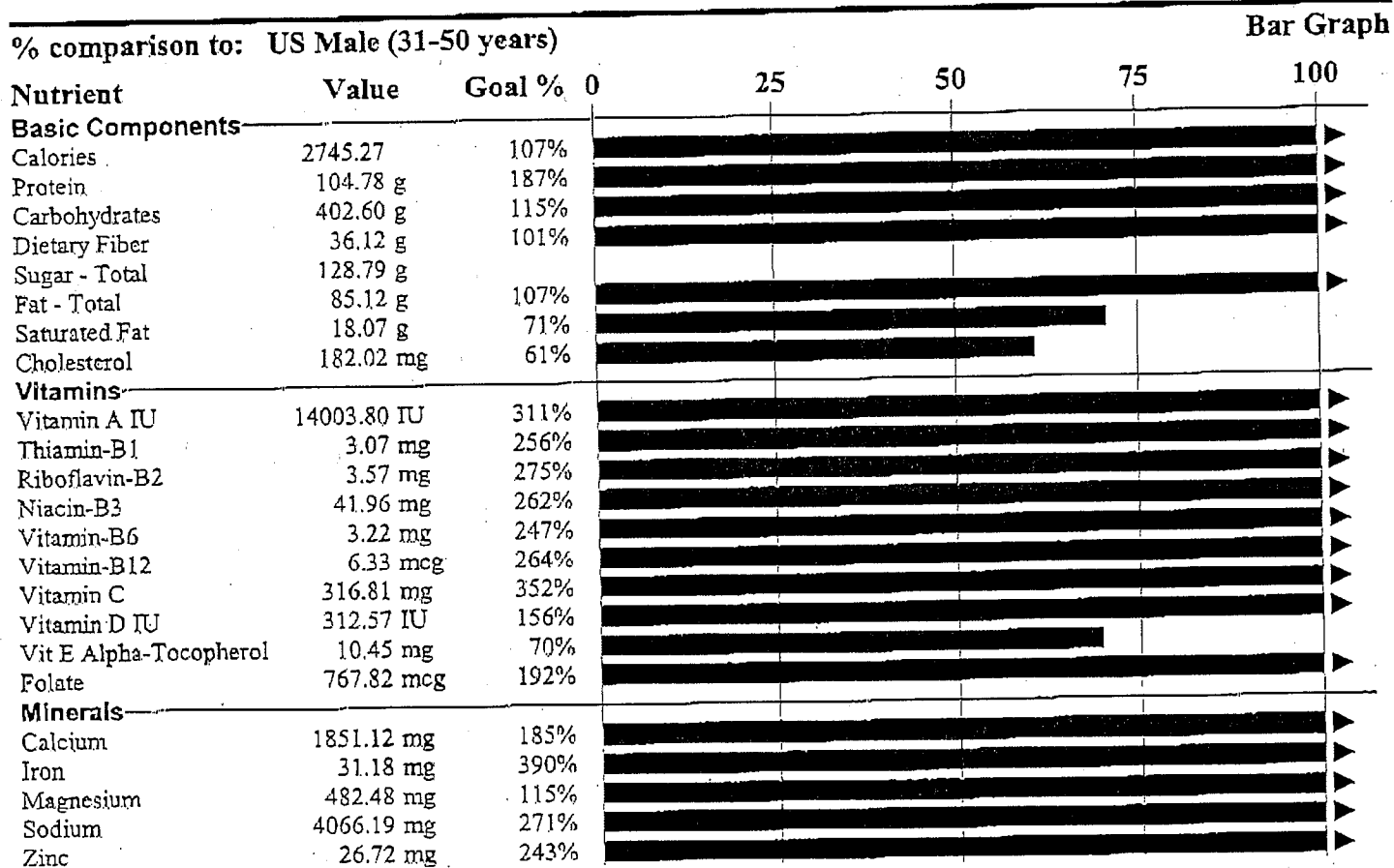
June 12, 2008

Total Weight: 5804.11 g (204.73 oz-wt.)
 Serving Size: 1934.70 g (68.24 oz-wt.)
 Serves: 3.00
 Cost: 7.1840

Amount for 3 servings	Food Item	Amount for 1 serving	Cost	Foodlist ESHA Code
1 each	CDCR Wk 1 Kosher Shelf Stable	0.33333 each	7.1745	
1 each	CDCR Wk 2 Kosher Shelf Stable	0.33333 each	7.1707	
1 each	CDCR Wk 3 Kosher Shelf Stable	0.33333 each	7.2069	

Nutrients per Serving

Calories	2745.27	Fat - Total	85.12 g
Protein	104.78 g	Saturated Fat	18.07 g
Carbohydrates	402.60 g	Vitamin A RE	1853.60 mcg
Dietary Fiber	36.12 g	Vitamin C	316.81 mg
Cholesterol	182.02 mg	Sodium	4066.19 mg
% Calories from fat	27 %	% Calories from carbs	58 %



CALIFORNIA DEPARTMENT OF CORRECTIONS

CDCR Wk 1-3 Kosher Shelf Stable

June 19, 2008

Total Weight: 5804.11 g (204.73 oz-wt.)
 Serving Size: 1934.70 g (68.24 oz-wt.)
 Serves: 3.00
 Cost: 7.1840

Amount for 3 servings	Food Item	Amount for 1 serving	Cost	Foodlist ESHA Code
1 each	CDCR Wk 1 Kosher Shelf Stable	0.33333 each	7.1745	
1 each	CDCR Wk 2 Kosher Shelf Stable	0.33333 each	7.1707	
1 each	CDCR Wk 3 Kosher Shelf Stable	0.33333 each	7.2069	

Nutrients per Serving

Calories	2745.27	Fat - Total	85.12 g
Protein	104.78 g	Saturated Fat	18.07 g
Carbohydrates	402.60 g	Vitamin A RE	1853.60 mcg
Dietary Fiber	36.12 g	Vitamin C	316.81 mg
Cholesterol	182.02 mg	Sodium	4066.19 mg
% Calories from fat	27 %	% Calories from carbs	58 %

% comparison to: US Male (51-70 years)

Bar Graph

Nutrient	Value	Goal %	0	25	50	75	100
Basic Components							
Calories	2745.27	116%					
Protein	104.78 g	187%					
Carbohydrates	402.60 g	124%					
Dietary Fiber	36.12 g	109%					
Sugar - Total	128.79 g						
Fat - Total	85.12 g	116%					
Saturated Fat	18.07 g	76%					
Cholesterol	182.02 mg	61%					
Vitamins							
Vitamin A IU	14003.80 IU	311%					
Thiamin-B1	3.07 mg	256%					
Riboflavin-B2	3.57 mg	275%					
Niacin-B3	41.96 mg	262%					
Vitamin-B6	3.22 mg	189%					
Vitamin-B12	6.33 mcg	264%					
Vitamin C	316.81 mg	352%					
Vitamin D IU	312.57 IU	78%					
Vit E Alpha-Tocopherol	10.45 mg	70%					
Folate	767.82 mcg	192%					
Minerals							
Calcium	1851.12 mg	154%					
Iron	31.18 mg	390%					
Magnesium	482.48 mg	115%					
Sodium	4066.19 mg	313%					
Zinc	26.72 mg	243%					